

SUMMIT RELAYS

ORDER OF EVENTS

All Field Events and Running Events Start @ 9:00

(GIRLS FOLLOWED BY BOYS ON THE TRACK)

3 x 400m IH - Varsity Girls -- Varsity Boys

1600m Run Varsity Girls -- Varsity Boys

4 x 100 - Varsity Girls -- Varsity Boys

Distance Medley - Varsity Girls -- Varsity Boys

4x200 - Fr/So. Girls -- Fr/So. Boys

The “Rich Thomasey” Shuttle Hurdle Relay - Varsity Girls -- Varsity Boys

4x800 Varsity Girls -- Varsity Boys

4x800 - Fr/So. Girls -- Fr/So. Boys

800m Sprint Medley (1-1-2-4) - Varsity Girls -- Varsity Boys

4x400 - Fr/So. Girls -- Fr/So. Boys

4x400 Varsity Girls -- Varsity Boys

LJ - (open pit) (2 person) Girls followed by boys

HJ - girls & boys (2 person) (2 pits, simultaneous)

PV- girls followed by boys (2 person -1 team per school)

Shot - boys followed by girls (3 person- 1 team per school)

Disc - girls followed by boys (3 person – 1 team per school)

Javelin – open pit (2 runways, simultaneous) (2 person – 2 teams per school)

Fr/Soph Shot (Circle #2) – boys followed by girls (2 person – unlimited)

CLERKS HAVE THE DISCRETION TO COMBINE OR SEPARATE HEATS AS NECESSARY TO EXPEDITE THE MEET.

Rules:

1. NJSIAA rules will govern the meet.
2. Pin or pyramid spikes no longer than ¼" will be allowed on the track.
3. The Meet Referee and Games Committee will review any protests.
4. The meet will be held rain or shine. In the event that the weather conditions become too severe, the meet will be suspended at the discretion of the officials. If an event cannot be contested, it will be dropped from the team scoring.
5. Boys high jump will open at 5'. Girls will open at 4'. The six-jump rule may be used (depending on entries).
6. The pole vault will open at 9' for boys and 7' for girls and increase by 6 increments. The six-jump rule may be used (depending on time). 1 team max per school
7. Unlimited entry in all Running events – Varsity and Frosh/Soph – and Fr/Soph Shot
8. Varsity Shot and Disc limited to 1 team max per school - 3 athletes/relay
9. Varsity Javelin and Long Jump limited to 2 team max/school - 2 athletes/relay
10. Unlimited entry in all Frosh/Soph events (4x2/4x4/4x8/Shot)
11. To score/medal all field event relay team members must have a successful trial.
12. Please instruct your bus drivers to drop off at Investors Bank Field and then park in the Washington School parking lot (adjacent to the field) accessible from Morris Ave.
13. Team Scoring will be held for both Boys and Girls as well as a CO-ED team champion.
14. Medals will be awarded to the top 6 places.

MILE SPLIT ENTRIES: Online Entry Due on: Wednesday, April 3, 2018 at 11:00pm

The meet will be pre-seeded and we will not use cards for the running events. Please enter an accurate seed time for each relay you enter and the athletes you expect to run on the relay.

You will fill out cards for field events. In order for your field athlete to be on the roster, you must enter him/her in the event.

When you fill in the athletes for each event you are creating your TEAM ROSTER. Make sure you enter all the names of athletes competing that day.

SUMMIT RELAYS - OFFICIALS

REFEREE/STARTER	<u>Scott Noonan</u>		
STARTER	<u>Vic Colter</u>		
FINISH LINE	<u>Annie McCloskey</u>	<u>Joe Figliolino</u>	<u>Bill Wilkins</u>
CLERKS	<u>Bob Byrnes</u>	<u>Bob Lash</u>	<u>Marc MacNaughton</u>
HIGH JUMP	<u>Jack Taylor</u> <u>Laura Shemanski</u>	<u>Phil Delisi</u>	<u>Sue Jones</u>
SHOT PUT FROSH	<u>Sal Martino</u>	<u>Bill Lord</u>	
SHOT PUT	<u>Jim Hagan</u>	<u>Tim McManus</u>	<u>Ryan Magee</u>
DISCUS	<u>Gary Smith</u> <u>Ken Morris</u>	<u>Jim Waino</u>	<u>Paul Noonan</u>
JAVELIN	<u>Glenn Weiderman</u> <u>Drew Stevens</u>	<u>Bill Milone</u> <u>Tom Tierney</u>	<u>Mike VanZile</u> <u>Bill Magna</u>
INSPECTORS	<u>Dick Schulte</u>	<u>Sara Rosenthal</u>	
LONG JUMP	<u>Ken VonBischoffshausen</u> <u>Alice Kolator</u>	<u>William VonBischoffshausen</u>	
POLE VAULT	<u>Billy Klimas</u>	<u>Carol Harrison</u>	

Summit Relays

Meet Records

BOYS

Seton Hall 43.4 1995
Union 2000

Union 1:29.7 2000

Union Catholic 3:24.17 2012
Rembert, Costello, Z. Ghizzone, Animashaun

Pope John XXIII 8:00.28 2013
Spinks, Campbell, Willemssen, Hatler

Morristown 18:47.8 1998

New Providence 10:42.94 2016
Adams, Johnson, Zeto, Pasquariello

Morristown 3:32.2 1998
Immaculate

Union Catholic 1:01.03 2012
Wang, D. Eke, Scott, Z. Ghizzone

West Essex 2:53.62 2016
Steets, Rodriguez, Abdulazie

Hanover Park 157' 1.25" 1997

Hanover Park 474' 2" 1996

Morris Hills 466' 2" 2000

New Providence 41' 3.25" 2000

GIRLS

4X100

Summit 49.57 2016
J. Kohaut, C. Piron, G. Giron, Osborne

4x200

North Plainfield 1:49.5 1997

4x400

Summit 4:05.58 2016
C. Piron, S. Piron, Isralowitz, Osborne

4x800

Mt. St. Dominick's 9:32.71 2012
O' Driscoll, McCurdy, Corbosiero, Fields

4x1600

Westfield 23:58.0 1998

Distance Medley

Mendham 12:24.03 2012
Seel, Papili, Kolakowski, Barry

Sprint Medley

Summit 4:16.95 2011
Burke, Chadwick, A. Diaz, Watson

SHR

Passaic Tech 1:06.62 2013
Morton, Washington, Cole, Gonzalez

3xIH

Mendham 3:27.52 2013
Papili, Heffernan, Mason-Sharma

Shot Put (3)

Whippany Park 106' 10.5" 2007
Dunbar, Matrisciano, Ziccarello

Disc (3)

Whippany Park 317' 1" 2016
Dunbar, Matrisciano, Mennonna

Javelin (3)

Parsippany 302' 6" 2016
Foley, Campbell, Abreu

Long Jump (2)

Pope John XXIII 32' 2" 2010
Hitscherich, Naphor

Summit Relays Meet Records

BOYS

GIRLS

High Jump (2)

West Orange	12' 2"	1991		Dayton	10' 2"	2010
Morris Catholic		1996		Williams, Godrey		
Scotch Plains		1998				

Triple Jump (2)

Morris Hills	81' 8.5"	2012		Cranford	70' 1"	2010
Samsel, Kuras				Burke, Shimonov		

Pole Vault

Scotch Plains	25' 0"	1996		Somerville	20-9	2012
Hanover Park		1999		Nolte, Hieber		
Randolph		2016				

5000m/3200m

T. Styler	16:06.7	1999		R. Ackerman	12:15.7	2000
Cranford				Westfield		

Mile/1600

Anthony DeBenedictis				Becca Davis	5:23.0	1995
Roselle Park	4:24.0			Ridge		

Novice 4x800

West Orange	9:01.30	2012		Mendham	10:32.86	2013
Etienne, Mehretu, SaintLouis, Edgehill				Mountain, Duggan, Byrne, Obsuth		

Novice Sprint Medley

West Orange	1:40.03	2012		Mendham	1:59.89	2013
Paye, Eley, Ceneus, Blanton				Brown, Williams, Foshay, Villa		

Novice Distance Medly

W.Windsor Plains S	11:23	2011		W.Windsor Plains S	14:02.45	2011
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Novice 4x400

Seton Hall Prep	3:39.24	2013		Summit	4:18.89	2013
Aman, Saint Germain, Saint German, Cirasa				Diaz, Chin, LaShell, Schaffer		

Summit Relays Meet Records

Union Catholic	74 points
U. Catholic/M. Hills	57 points
Mendham/St. Joes	42 points
St. Joes	62 points
Westfield	58 points

Champion

2011	W. Windsor Plains S	85 points
2012	West Orange	64 Points
2013	Pope John XXIII	80 points
2015	Mendham	54.75 points
2016	Randolph	50 points

Co-ed Champions

2011	WWPS	114 pts
2012	W. Orange	102 pts
2013	Pope John XXIII	114.5 pts
2015	Mendham	113.75 pts
2016	Randolph	103.5 pts